

**Public-protection standard statement 12: Working with in your own limits**

<p><b>Knowledge and Skills Framework core dimension</b></p>	<p><b>Performance criteria (adapted from the Skills for Health database<sup>1</sup>)</b></p>
<p><b>Quality</b></p>	<p><b>Working within your own limits</b></p> <ol style="list-style-type: none"> <li>1. Make sure that you have clearly understood the limits of your role and the tasks which you are able and authorised to carry out. Discuss any concerns you have with your supervisor or line manager.</li> <li>2. Identify any gaps between your current knowledge, understanding and skills and the activities you need to develop to carry out your role effectively. Discuss designing a development plan with your supervisor to fill any gaps and measure your progress.</li> <li>3. Carry out the activities identified in your development plan and discuss with your supervisor how the activities have improved your performance.</li> <li>4. Discuss with your supervisor any changes you need to make to your work goals and personal development plan based on feedback received about your performance.</li> <li>5. Think about the quality of your own work and make any necessary improvements.</li> <li>6 Demonstrate best practice by working effectively within the limits of your role.</li> </ol>

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<sup>1</sup> [www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk)